

guidance	رہنمائی	permanent	مستقل
counseling	مشاورت	sickness	بیماری
sooner	جلد	victim	مظلوم
reluctant	ہچکچاہٹ	ensure	یقینی بنانے
insulted	توہین کی	critically	تنقیدی طور پر
counsel	مشورہ	adjustment	ایڈجسٹمنٹ

Unit No: 11

Noise in the Environment

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Q 1: How do you define noise pollution?

Ans: Noise pollution is a form of noise that disrupts the normal functioning of life.

Q 2: How is transport a source of noise pollution?

Ans: Noise coming from the vehicles, airplanes, trains and ships cause noise pollution.

Q 3: How is construction work a cause of noise pollution?

Ans: The transport and equipment used at construction sites, its grilling and perching sound is a big source of noise pollution.

Q 4: How is use of technology causing noise pollution?

Ans: Unmonitored use of technology such as mobile phones, electricity generators, music system and TV cause noise pollution.

Q 5: Why is noise dangerous for human health?

Ans: Noise pollution can cause problems like aggression, hearing loss, restlessness, depression and insomnia etc.

Q 6: What kind of precautions may reduce noise coming from electronic devices?

Ans: The people need to develop some civic personality while using electrical devices.

Words	Meanings	Words	Meanings
noise	شور	disrupts	خلل ڈالتا ہے
pollution	آلودگی	functioning	کام کرنا
vehicles	گاڑیاں	cause	وجہ
airplanes	ہوائی جہاز	equipment	سامان
trains	ٹرینیں	grilling	بھوننا، جنگلہ یا جالی دار اوٹ
ships	جہاز	perching	بیٹھنا
Unmonitored	غیر نگرانی شدہ	dangerous	خطرناک
aggression	جارحیت	hearing loss	سماعت کا نقصان
depression	ذہنی دباؤ	restlessness	بے چینی
insomnia	نیند نہ آنا	precautions	احتیاطی تدابیر
reduce	کم کرنا	civic personality	شہری شخصیت

Unit No: 12

Three Days to See

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Q 1: Who was Helen Keller?

Ans: Helen Keller was blind and deaf woman. She became a great authoress due to the might of her will power.

Q 2: Describe thought expressed by the author in the first paragraph?

Ans: She that that we should live with gentleness, vigor and keenness. We should not follow the motto "Eat, drink and be marry".